



On-site Health & Wellness Center Overview

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Director – Compensation & Benefits

Our Family's Passion is *Cheese.*™



About Sargento Foods Inc.

One of the largest privately held cheese companies in the United States

Operations in
Wisconsin –
Plymouth, Hilbert
Elkhart Lake & Kiel

1,600+ Employees
Average LOS: 13.6 Yrs

54% Male 46% Female
Average Age: 47.8 Yrs



Our Family's Passion is *Cheese.*



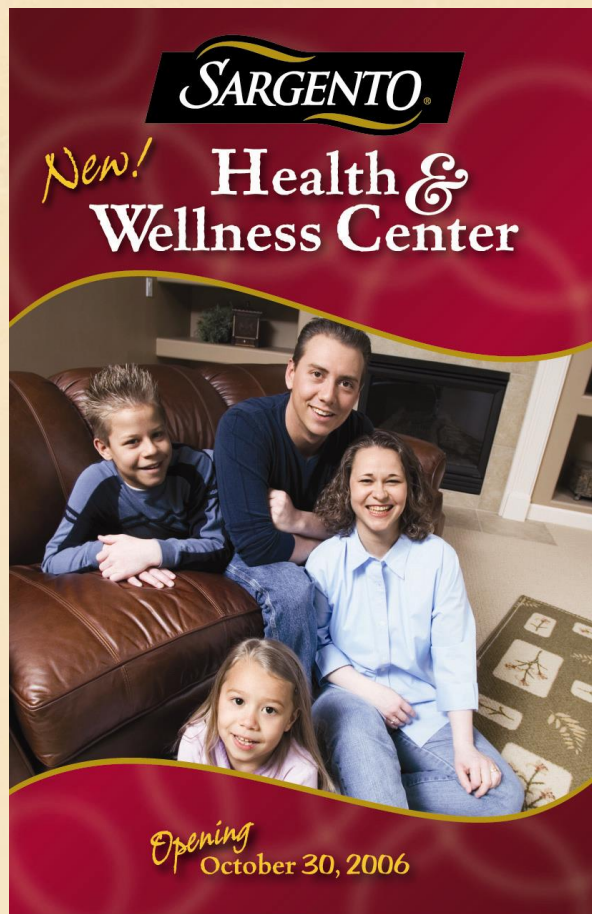
Corporate Health & Wellness Strategy





Health & Wellness Center

- **Started in 2006 – Celebrating 7 years this October!**
- Available to ALL employees and dependents (ages 2-26).
- Not tied to Health Insurance enrollment or eligibility.
- Three (3) Locations
 - Plymouth
 - Kiel
 - Hilbert





H&W Center Providers

Contracted Through Local Hospital / Network:

- Medical Director (1)
- Nurse Practitioners (3)
- Physical Therapists (2)
- Phlebotomist
- Dieticians (2)
- Receptionist

Contracted Independently:

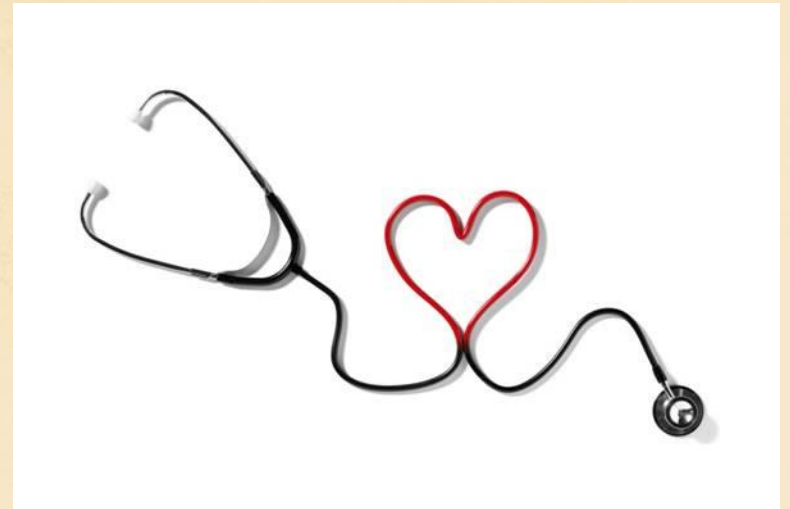
- Health Coach
- Work Life Mentor
- Personal Trainer





Preventive Services

- ♥ Physical Exams
- ♥ Biometric Screenings
- ♥ Tobacco Cessation
- ♥ Weight Management
- ♥ Nutrition Counseling
- ♥ Personal Trainers
- ♥ Work Life Mentor
- ♥ Health Coaching
- ♥ HRA & Biometric Results interpretation and follow-up in-person coaching





H&W Center Hours

- **Plymouth (Main Location)**
 - **6:00 am – 4:30 pm (Monday-Friday)**
- **Kiel – 30 hours / week**
- **Hilbert – Open 4 hours / month**



H&W Center Charges

- **Acute Care** = \$10 / visit
- **Lab Work Only** = \$5 / visit
- **Preventive Care** = Free (No Charge)
- **Work Related** = Free (No Charge)