

March 12, 2026



Twin Health:
A root cause approach
to healing metabolic dysfunction

Agenda

- 1 The Founder's Story
- 2 Our solution: Digital Twin + Care Team
- 3 The member experience
- 4 Clinical outcomes
- 5 Why Twin Health



Twin Health's origin story

One in ten people across the world live with diabetes.

Twin Health began when our founder and CEO, Jahangir Mohammed, traveled to India and noticed that several members of his own family had type 2 diabetes. Jahangir decided to test a new hypothesis: *What if AI digital twin technology could help people heal by surfacing the root causes of metabolic disease?*

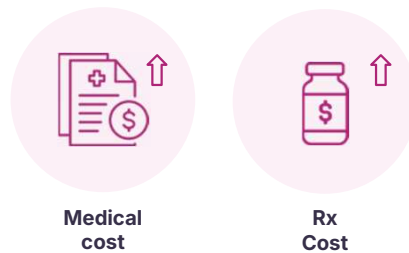
Employers have spent billions of dollars, but chronic metabolic disease gets worse every year

✗ Employee health is worsening



>50%
employees affected

✗ Claims costs are rising



\$10,000+
more spend *per employee*

✗ Current solutions aren't working



Traditional care =
Reactive



Digital Health 1.0/2.0 =
One size fits all

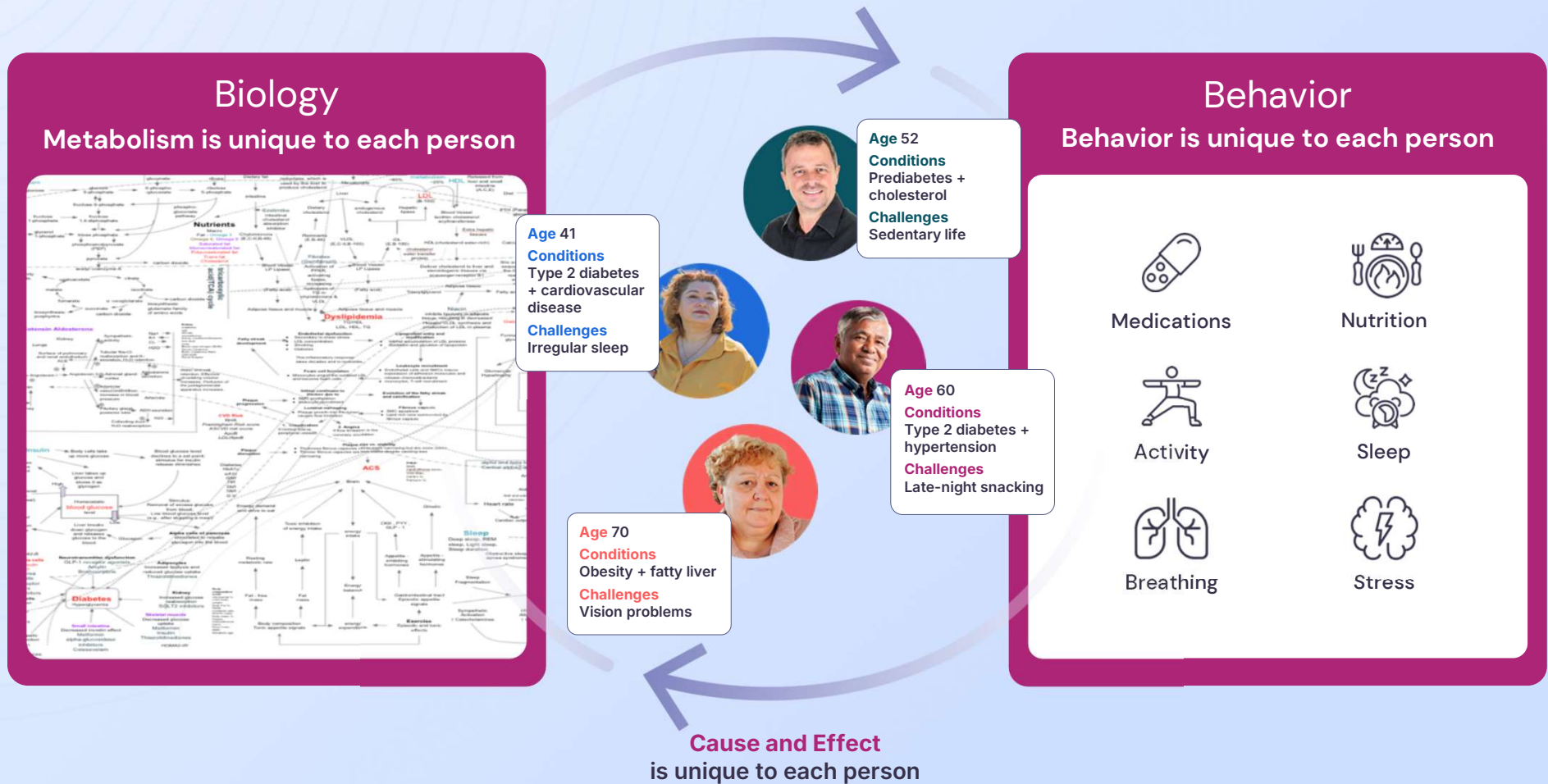


New meds like GLP-1s =
Costly and unsustainable

None of these address the root cause:

A dysfunctional metabolism

Focusing on *root cause* heals metabolic health



How Twin was built

PART 1

Patented Whole-Body Digital Twin™ technology → AI Digital Twin

Twin Health is the first company to apply digital twin technology to the human metabolism.

It uses real-time data from smart devices to give personalized suggestions that adapt with you.

PART 2

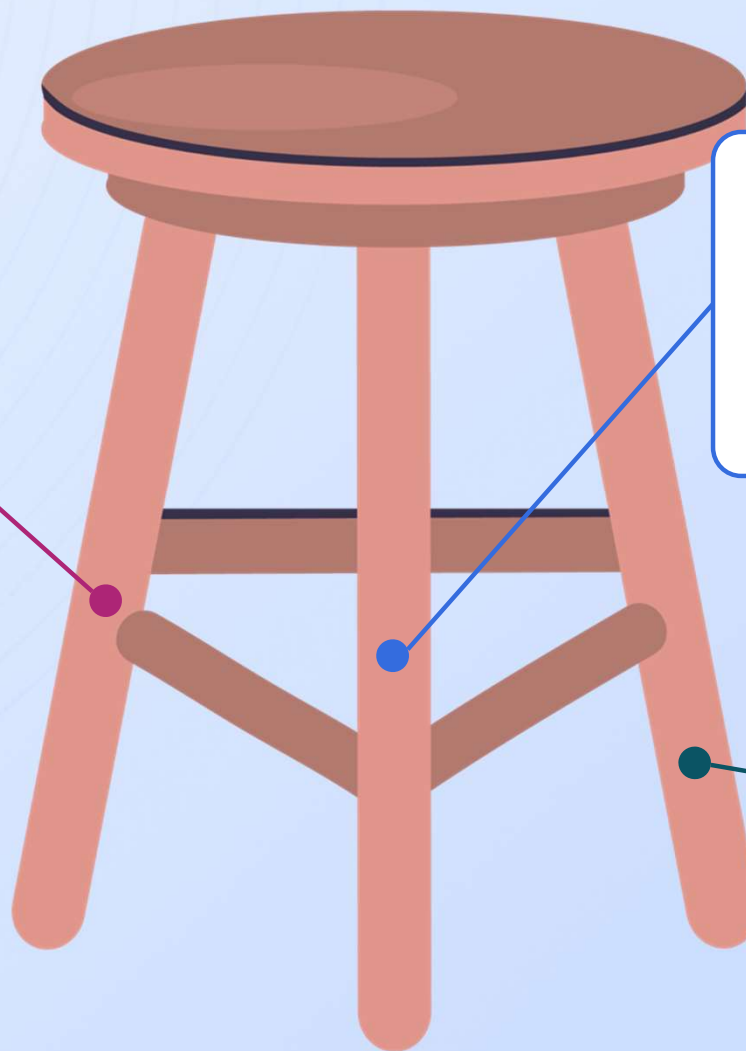
AI Digital Twin tech paired with clinical care team

Informed by the AI Digital Twin, our compassionate care team guides progress while providers aim to reduce medications safely over time.

PART 3

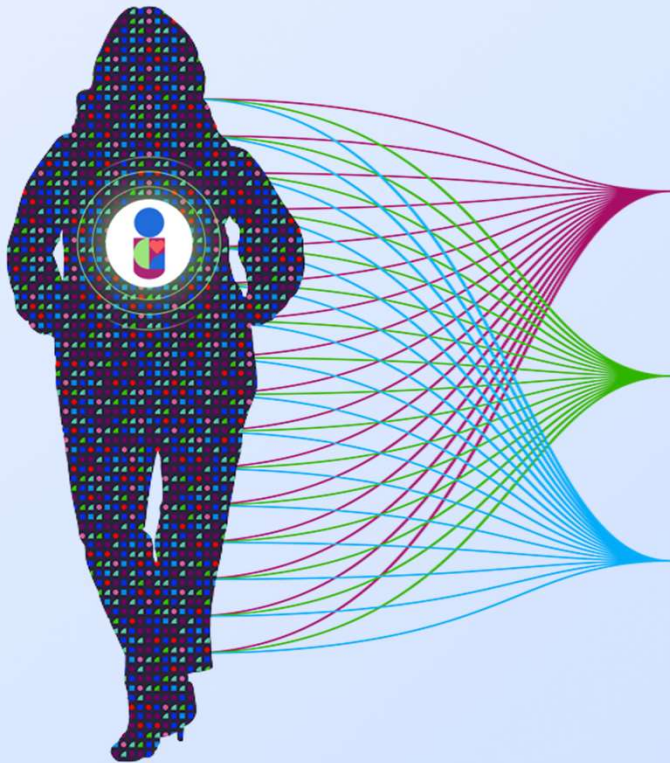
Proven efficacy through cost savings and clinical outcomes

The results are clear: Twin Health leads to better outcomes and cost savings. In a recent case study with a large U.S. employer, Twin reduced diabetes-related costs by **\$9,047** per member in the first year alone.



Part 1: The first AI Digital Twin for healing metabolic health

The **future of health is now**: The **AI Digital Twin** is a new way to care for your metabolism.



Daily Guidance

With support that **guides you hour by hour**, you'll see a clear map of how your unique metabolism works. This type of hyper-personalized care **helps you find real freedom** in your health.



One metabolic health solution addressing root cause

Full Metabolic Health

Type 2 Diabetes



Individuals with an A1c ≥ 6.5 OR A1c ≥ 5.7 with glucose-lowering medication

Goals: reverse diabetes by lowering A1c ≥ 6.5 , dropping weight, and eliminating antidiabetic medications

Twin Performance: Average A1c improvement of 2.2 points for members with starting A1c > 8.0

Prediabetes & Healthy Weight



Available to individuals with a BMI ≥ 27 and / or an A1c between 5.7 - 6.4 and no glucose-lowering medication.

Goals: reverse prediabetes by lowering A1c, lose weight, eliminate obesity GLP-1 medications, sustain results, and prevent progression to T2D

**Partner can choose to lower BMI minimum to as low as 25*

Twin Performance: 98% of Prediabetes Members reduce A1c and prevent progression to T2D. 12 lbs of average weight loss across Twin commercial population.

Hypertension: Across participants in all programs, Twin has demonstrated material impact to improving participants' blood pressure (often to the point of clinical normalization)

A human-centered solution

Twin is AI-native, app-based, and guided by a care team

1.

Collects continuous data from sensors, labs, logs, and more

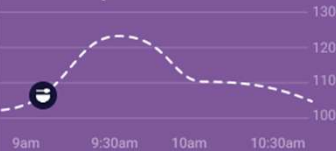


2.

Uses AI to discern and predict cause-and-effect

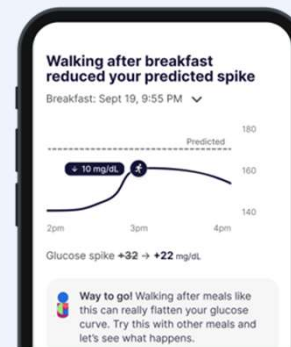
Scrambled eggs are protein packed and help you stay full. To feel full longer, add fiber — like broccoli, avocado, or mushrooms.

Meal impact



3.

Delivers daily, hyper-individualized guidance



4.

Paired with a dedicated clinical team available when members need them



Part 2: Member Care Team

Support Specialists

Primary Care Team

Member Enrollment Advisor: Kelly
Kelly prepared Member for activation through program education and scheduling initial labs.



Sensor Support Team
This team provides ongoing sensor support directly to each member.



Owen



Provider: Dr. Bree

Dr. Bree oversees clinical stability and long-term health trends with the primary goal of safely eliminating medications as the member's health improves. Dr. Bree will check in with the member on a regular cadence.



Health Coach: Mary

Mary has a coaching background and has regular check-ins on members' personal goals. She helps the member build healthy habits over time.



Registered Nurse: Josh

Josh helps the member with questions related to their health symptoms and addresses potential medication changes or adherence issues. Josh will proactively reach out if he sees any health risks.

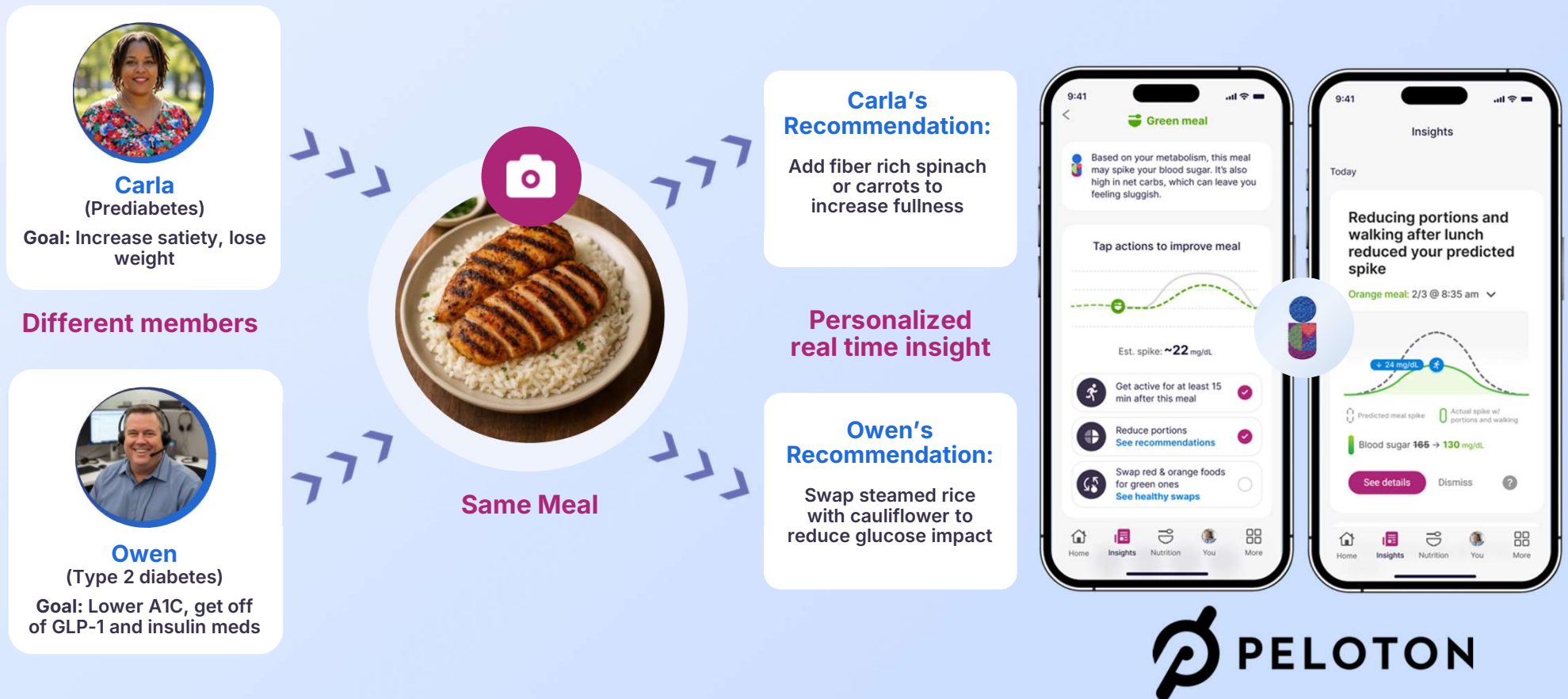


Owen's AI Digital Twin via Twin app

Available anytime, from anywhere. Ask questions about Twin service, personalized nutrition, or log meals. Defers to Care Team for clinical questions.



What hyper-personalized support looks like



High Engagement That Actually Lasts



"I am so much better now
than I was 60 days ago, and
I know I couldn't have done
it without Twin Health."

– Twin Member

86%

Members Still
Engaged at 1 Year

88%

Net Promoter Score

91%

Members Engaged
>5 Days Per Week

0.7%

Monthly Member
Churn
(Excluding loss of coverage)



TikTok 2025 avg: 62% open the app 5 days a week after 1 yr.

Part 3: Randomized Clinical Trial



Cleveland Clinic

Usual Care

Twin Health Group

Lowered A1C below 6.5%
without glucose-lowering medications
(except metformin)

2.4%

71%

Average weight loss

↓14 lbs

↓27 lbs

GLP-1 Usage

21% increase

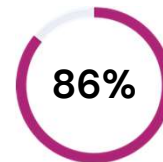
85% reduction



Traditionally, patients see
providers every 3-6
months for a few minutes
at a time



Twin offers continuous
engagement, every hour of every
day, to drive behavior change



of members engage* with the Twin
app every single day of the week
at 12 months on the Twin program

"The feedback loop nature and daily progress visibility of the AI-enabled bundled sensors and coaching reinforces participation and ongoing adherence. Algorithms suggest the right food to the right participant at the right time...all designed to help maintain consistent and optimal glycemia."

NEJM
Catalyst

**Engagement is defined as active participation in the program and following care plans. This includes a combination of regular communication with the Care Team, meal logging, sensor use, and follow-up labs.*

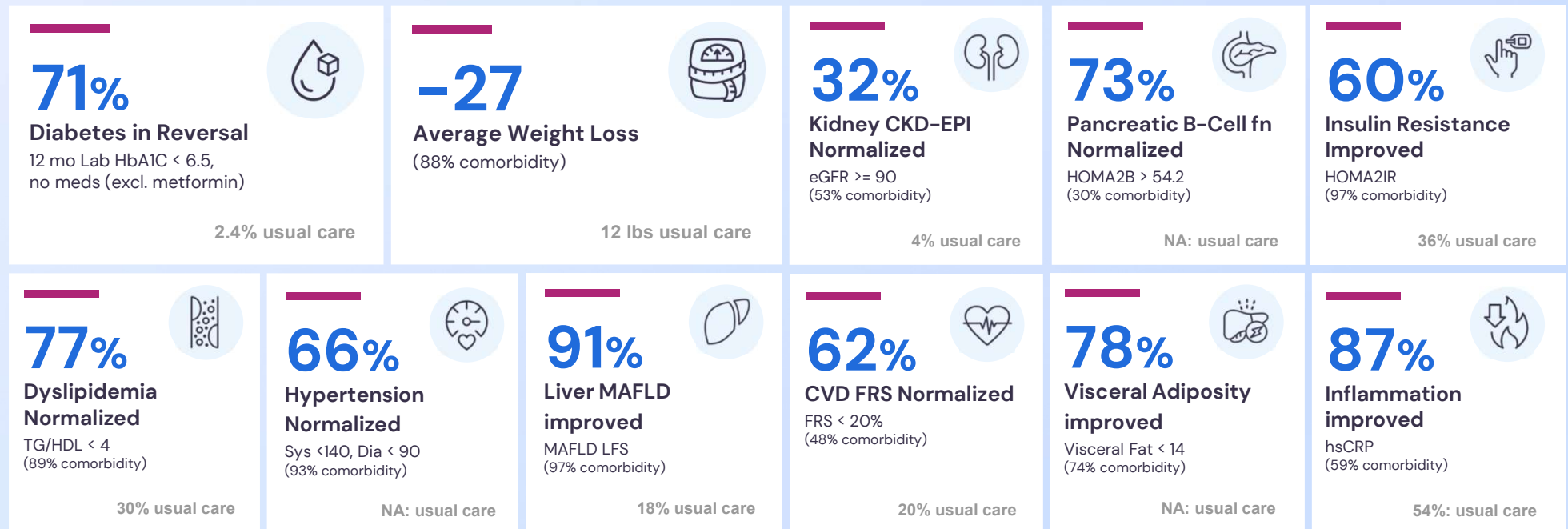


Cleveland Clinic RCT: AI Digital Twin vs. Usual Care

12-Month Results

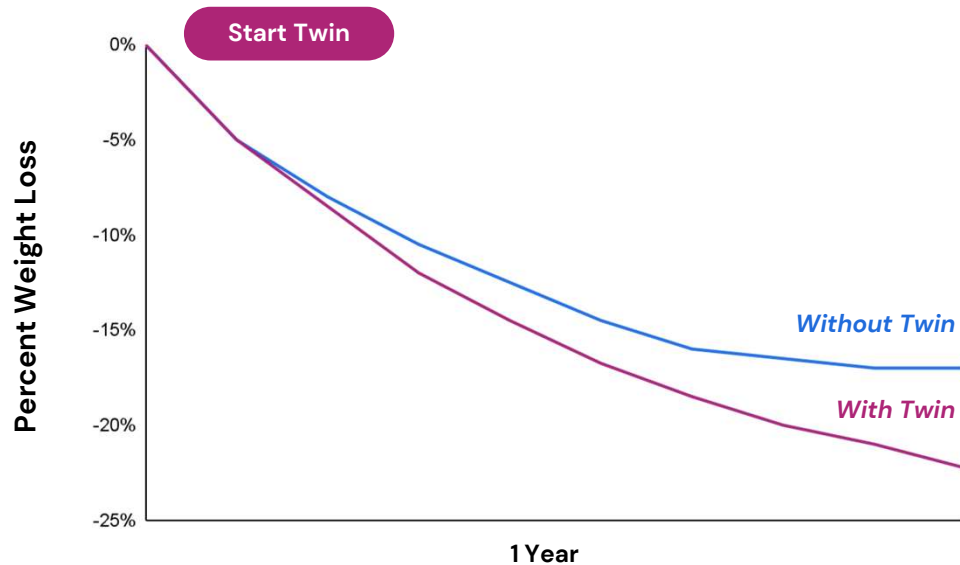
100 Intervention patients, 50 controlled patients. 91% of patients completed one year

[Link to study protocol on www.clinicaltrials.gov](http://www.clinicaltrials.gov)

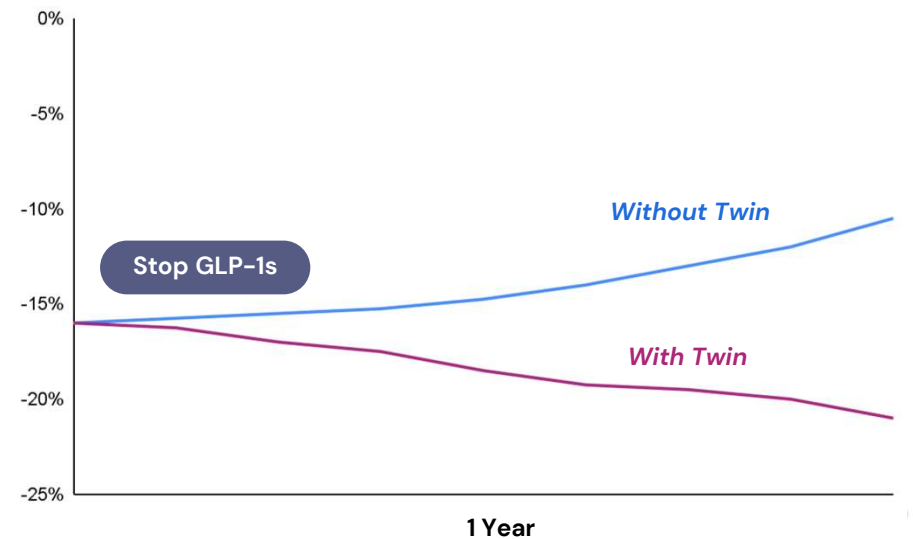


Optimizing GLP-1 time and cost investment

Members taking GLP-1s achieve greater weight loss with Twin than those without it



Members who eliminate their GLP-1 while on the Twin program sustain their weight loss



Trusted by employers and the clinical community

Marquee Partners



Blackstone



Book of Business

>7MM

Total Covered Lives

8

Health Plan Partners

Validation Signals



Twin Health is **SOC2 Type 2** certified by AICPA and fully compliant with HIPAA regulations.



In a first-of-its-kind **Cleveland Clinic randomized controlled trial** published in the **New England Journal of Medicine Catalyst**, adults with type 2 diabetes receiving **AI Digital Twin**-informed care achieved an A1C level below 6.5%, the diagnostic threshold for diabetes, without the use of glucose-lowering medications (except metformin).

Partnership Model

100%

Performance-Based
Fee Model

Outcomes

Fees Are only Paid When
Outcomes are Achieved

No PMPMs

Fees for Engaged
Members Only

Claims Billing

Available for clients who
want to explore this path

1.7–2.4x ROI

Depending on Population Complexity and Cost Profile

Performance Milestone Fees

Onboarding & Activation

Fee is earned when Member completes Enrollment and Activation — including lab work, clinical validation, behavioral assessment, and activation of Twin sensors.



A1C Improvement

Fee is earned when Member achieves and sustains targeted A1c reduction milestones based on member starting point.



BMI Reduction

Fee is earned when Member achieves and sustains each 1-point BMI reduction.



High-Cost Medication Elimination

Fee is earned when named high-cost T2D medications are eliminated, not just reduced.



Member Satisfaction

Fee is earned for attaining target 60-day average Twin Satisfaction Rating



Years 2+

Fees are earned when Member sustains A1c reduction and medication elimination — validated and earned semi-annually.

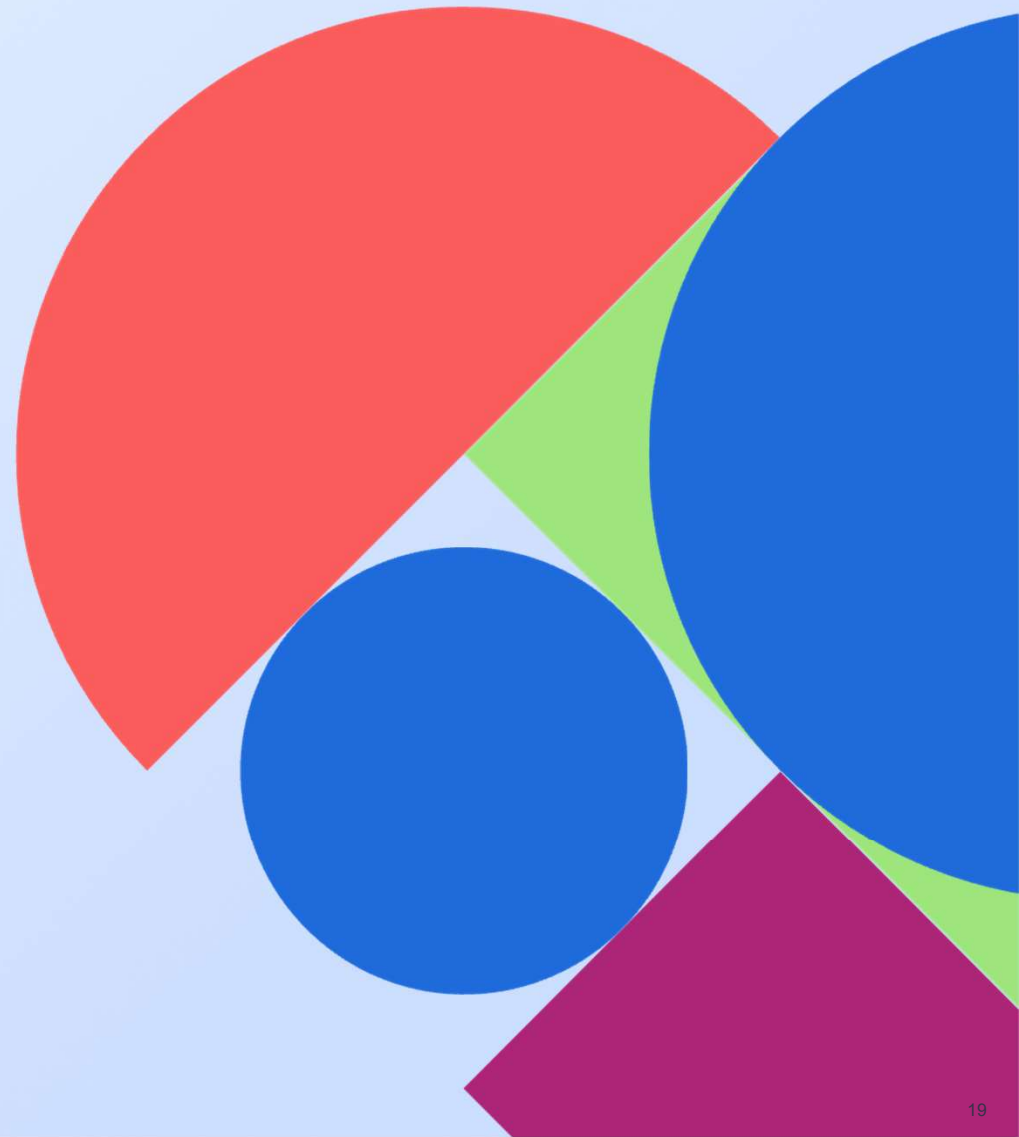


Why Twin Health?

1. Solving for root cause
2. Personalized, precision approach
3. Proven outcomes - only RCT
4. Performance-based pricing

**Twin Health
offers a free trial
for 90 days**

**Please come to the
back for Demo!**



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Thank You!

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