



Signs of Abuse

Physical Signs

- Unusual drowsiness
- Dizziness
- Constricted (small) pupils
- Slowed breathing
- Constipation

Behavioral Signs

- Extreme mood swings
- More absences from work
- Consistently late to work
- Withdrawal from friends, coworkers and family

NEED HELP OR KNOW SOMEONE WHO DOES?

Check the workplace drug policy or talk with your physician or Human Resources about where to get help



