



NEED HELP  
OR KNOW  
SOMEONE  
WHO DOES?

UnitedHealthcare Substance Use Helpline:  
855-780-5955

- Unusual drowsiness
- Dizziness
- Constricted (small) pupils
- Slowed breathing
- Constipation
- Extreme mood swings
- More absences from work
- Consistently late to work
- Withdrawal from friends, coworkers and family

### Physical Signs

### Behavioral Signs



## Signs of Abuse

# Prescription Painkiller Abuse

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