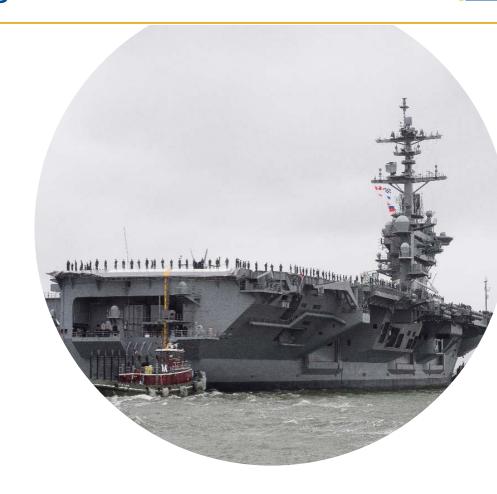


# Leveraging Technology to Maximize the In-person Experience September 6, 2018

Amy Iveson MSN, RN Corporate Manager-Health and Wellness Strategy

# Huntington Ingalls Industries

- Nearly 40,000 employees
- America's largest military shipbuilding company
- Exclusive supplier of nuclear powered aircraft carriers for the U.S. Navy
- Largest employer in MS and largest industrial employer in VA



### "Hard Stuff, Done Right"



## QuadMed Onsite Family Health Centers



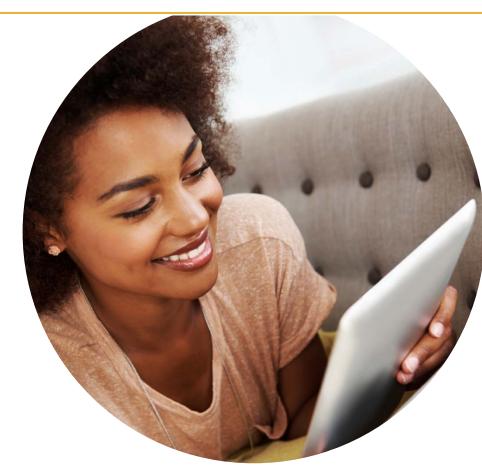
#### Why?

- Self-insured
- Rising healthcare costs
- High emergency department (ED) utilization
- "It's the right thing to do!"
- Two locations
  - Newport News, VA
  - Pascagoula, MS
- Open six days a week
  - 7 a.m. 6 p.m. Monday through Friday
  - 8 a.m. 12 p.m. Saturday
- Appointment-based system
- Scope of services:
  - Primary and acute care services
  - Onsite lab, X-ray, pharmacy, physical therapy, dental and vision
  - Wellness, chronic condition management and nutrition services
  - Excludes occupational health
- Eligibility
  - Employees, retirees and dependents on company health plan



## Maximizing the In-person Experience

- Leveraging technology to drive patients to the care they need, when they need it
- Current solutions in place:
  - Telehealth for virtual visits
  - Text reminders
  - Online portal
  - Mobile app
- Future solutions
  - Virtual health suites





## Using Technology to Enhance the Patient Experience



#### Telehealth for virtual visits

- Telephonic coaching for chronic condition management, nutrition and wellness
- Integrated into the medical home model

#### Text reminders

- Implemented text reminders to decrease no-show rate
- Realized a 50% decrease in no-shows as a result

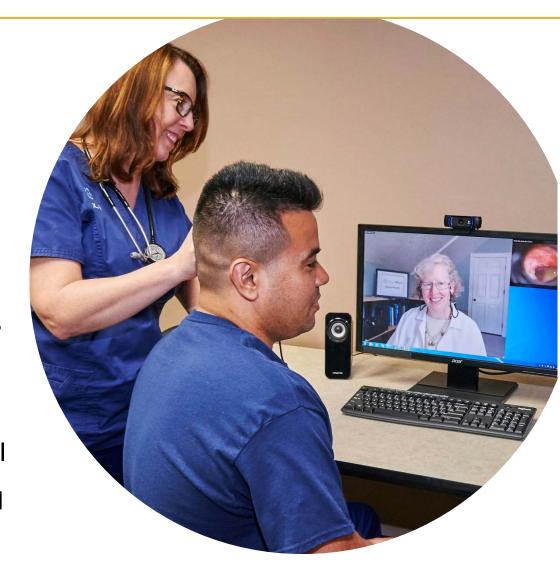
#### Online and mobile app

- Schedule and cancel appointments in real-time
- Secure message with providers
- Refill prescriptions
- Access health suites
- 44% of HII population use online portal/mobile app



## QuadMed Virtual Health Suites

- Fully-integrated with the medical home
- Staffed by an onsite registered nurse who will facilitate visits with provider
- The provider uses sophisticated medical devices designed specifically for virtual visits
- Diagnose and treat many routine medical needs, as well as some chronic conditions such as asthma, diabetes and high blood pressure







Hard Stuff Done Right™