

# Preventive Care Survey for Employers

**Business Health Care Group**

April 22, 2015

# Purpose of Survey

- Educate members of BHCG on the safe harbor example of compliance with the ACA mandate on tobacco cessation coverage and to assess their plans for benefit design if changes are needed for compliance with the mandate in 2015 and 2016.
- Assess additional member information regarding coverage of preventive services and communication strategies to implement changes in benefit designs.

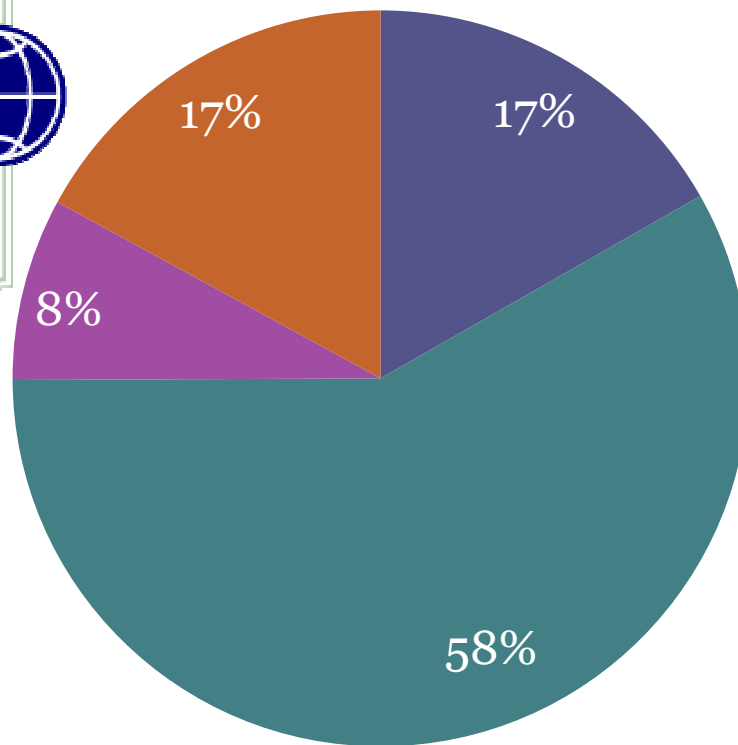
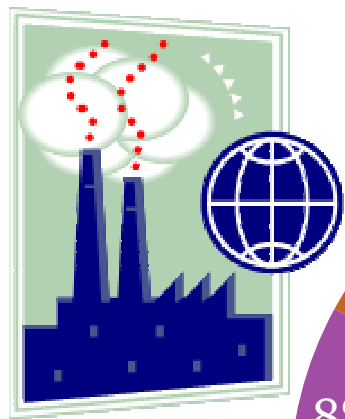
# Demographics - Company Size

N= 14 Employers responded to the survey

**How many active members does your organization have?  
(N=12)**

# of Active Members	# of Responses (%)
<500	9 (75%)
3,001-5,000	1 (8.3%)
5,001-10,000	2 (16.7%)

# Demographics - Industry Type (N=12)



- Financial
- Manufacturing
- Telecommunications
- Other

# Preventive Services and the ACA

Under the Affordable Care Act (ACA), private health plans – other than those that were in existence prior to March 23, 2010 and have “grandfathered” status – **must provide coverage for a range of preventive services and may not charge any copayments, deductibles, or co-insurance to patients receiving these services.** The ACA requires plans to provide coverage for evidence based items or services having an “A” or “B” rating by the United States Preventive Services Task Force (USPTF). There are 15 adult preventive services that must be covered without a copayment even if a yearly deductible has not been met.

# 15 Adult Preventative Services Required to be Covered without Cost-Sharing

1. Abdominal aortic aneurysm one-time screening for men of specific ages who have ever smoked
2. Alcohol misuse screening and counseling
3. Aspirin use to prevent cardiovascular disease for men and women of certain ages
4. Blood pressure screening for all adults
5. Cholesterol screening for adults of certain ages or at higher risk
6. Colorectal cancer screening for adults over 50
7. Depression screening for adults
8. Diabetes (type 2) screening for adults with HBP
9. Diet counseling for adults at higher risk for chronic disease
10. HIV screening for everyone ages 15-65 and other ages at increased risk
11. Immunization vaccines for adults-doses, recommended ages and populations vary
12. Obesity screening and counseling for all adults
13. Sexually transmitted infection (STI) prevention counseling for adults at higher risk
14. Syphilis screening for all adults at higher risk
15. Tobacco use screening for all adults and cessation interventions for tobacco users

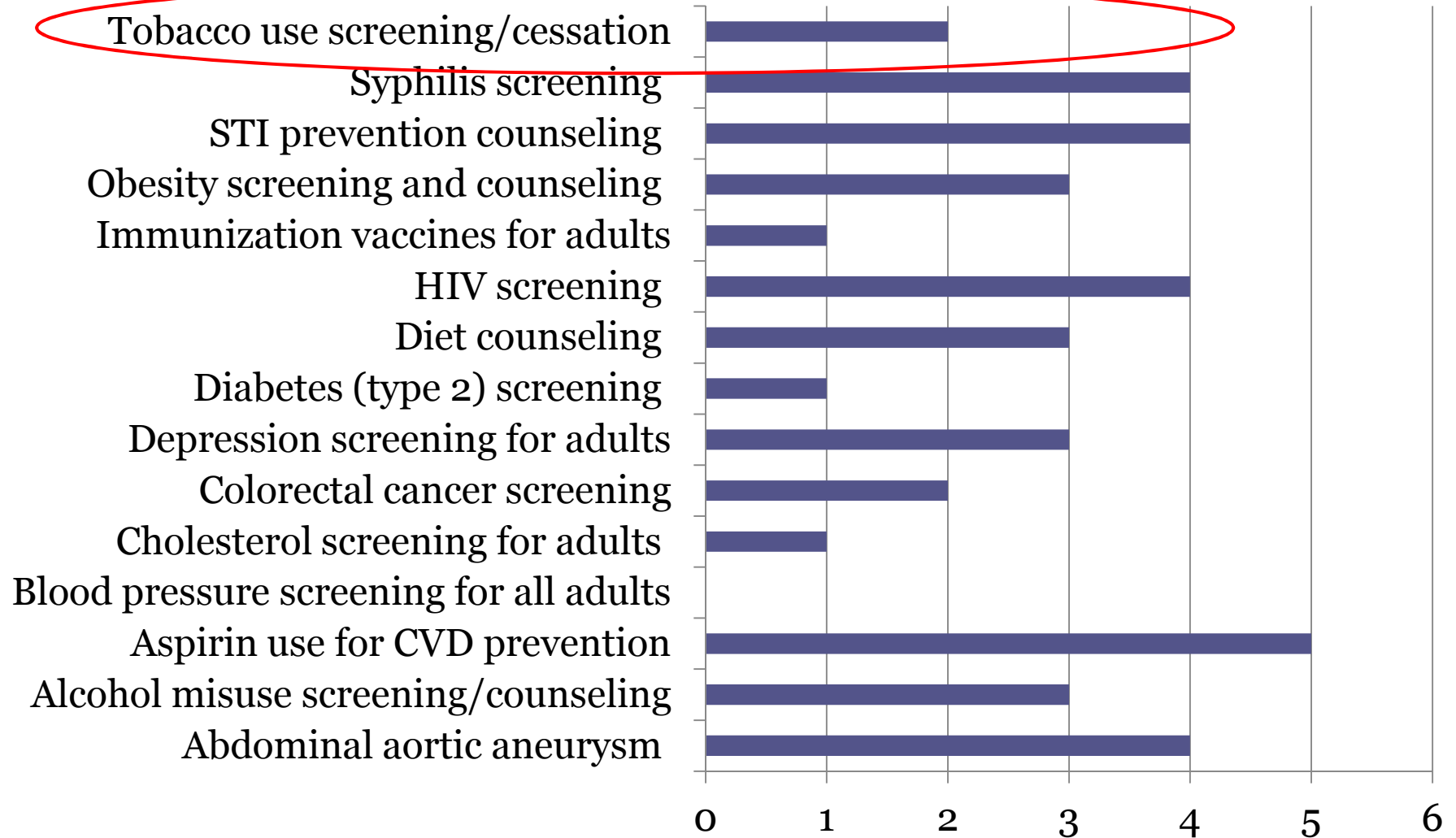
# Results

**Were you aware of the requirements for tobacco cessation included in the ACA coverage mandate on clinical and preventative services? (N=14)**

	# of Respondents (%)
Yes	7 (50%)
No	7 (50%)

# Results

## Employers *Not* Covering Preventive Services (N=11)





## DOL, HHS, Treasury published a Joint Response to a list of FAQs regarding the implementation of the recommendations made by the USPTF relating to tobacco screening and cessation...

*“.....for example, the plan or issuer covers without cost-sharing:”*

- Screening for tobacco use; and,
- For those who use tobacco products, at least two tobacco cessation attempts per year.
- For this purpose, covering a cessation attempt includes coverage for:
  - Four tobacco cessation counseling sessions of at least 10 minutes each (including telephone counseling, group counseling and individual counseling) without prior authorization; and
  - All Food and Drug Administration (FDA)-approved tobacco cessation medications (including both prescription and over-the-counter medications) for a 90-day treatment regimen when prescribed by a health care provider without prior authorization.

May 2<sup>nd</sup> 2014

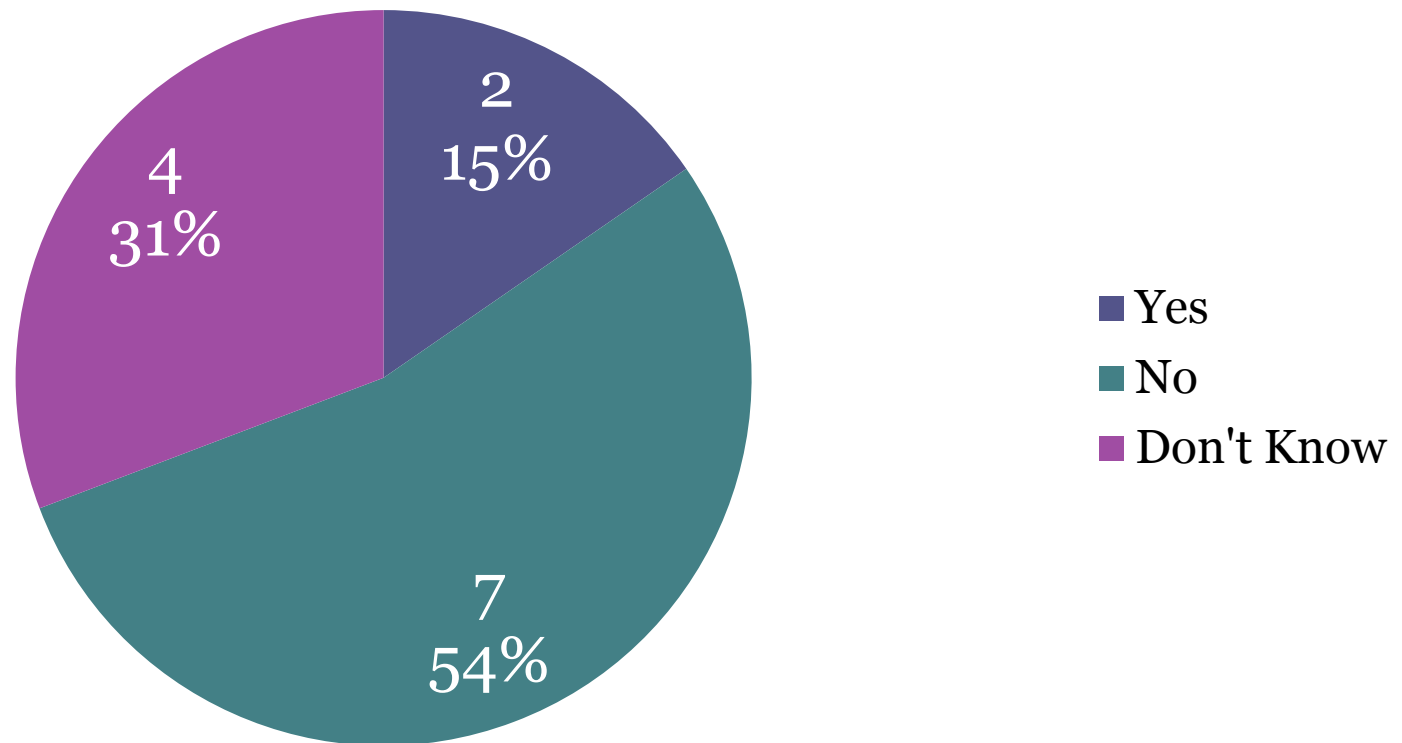
# Results

**Were you aware of the recommendation from the USPSTF and the preventive coverage recommendations by the DOL, HHS, and the Treasury? (N=13)**

	# of Respondents (%)
Yes	5 (38%)
No	8 (62%)

# Results

Cost sharing component for tobacco cessation  
*behavior counseling* (N=13)



# Results

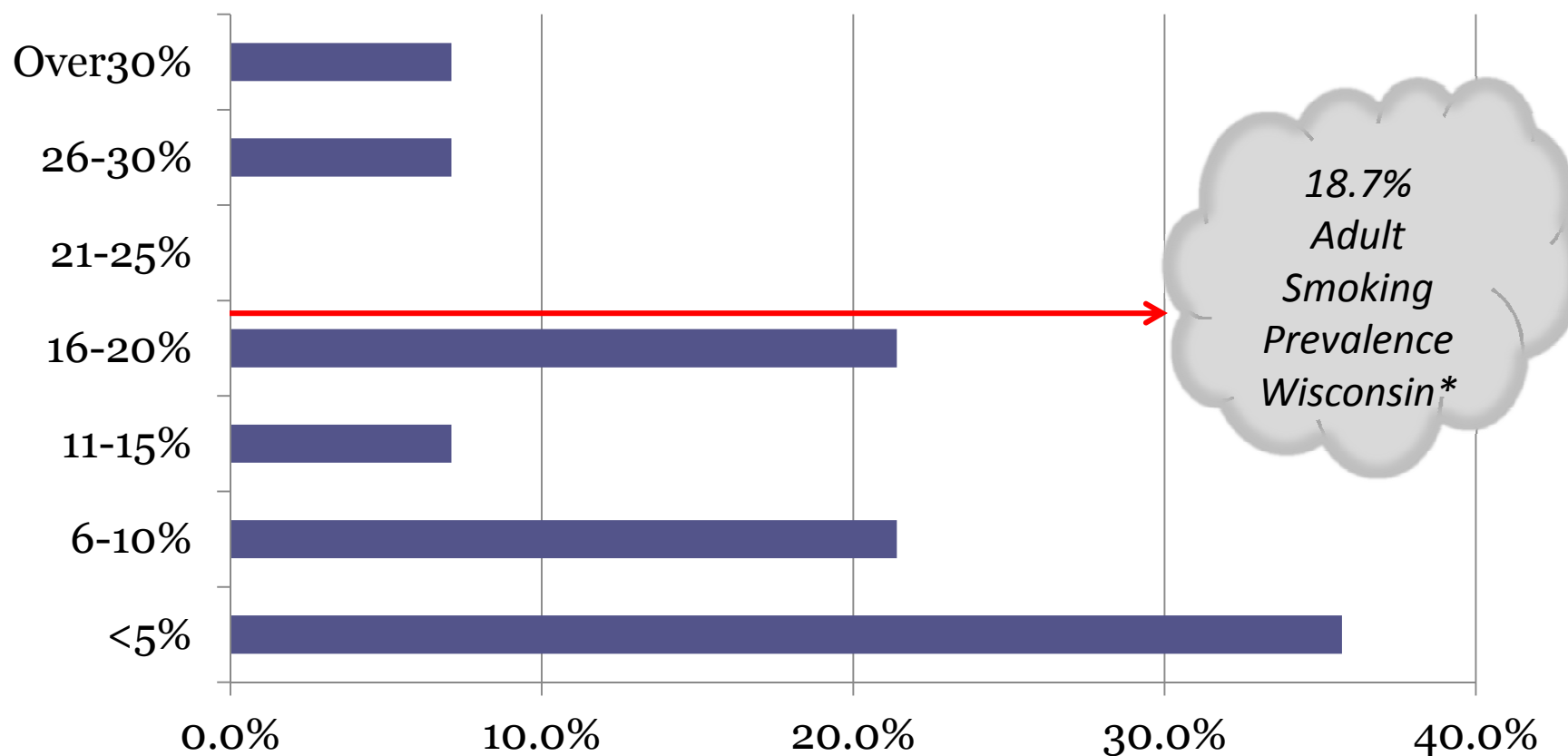
**Does your current plan design require your members to pay (either in full or co-payments) for any FDA approved tobacco cessation *medications* including over the counter (OTC) tobacco cessation products? (N=12)**

Don't know	3 (25%)
Yes for prescription (Rx) drugs only	4 (33%)
Yes for OTC drugs only	1 (8%)
Yes for both Rx and OTC drugs	2 (17%)
No we don't cover either Rx or OTC drugs	1 (8%)
No but we plan to cover both Rx and OTC drugs in 2015	1 (8%)
No but we plan to cover both Rx and OTC drugs in 2016	0 (0%)

# Results

## Smoking Prevalence (N=14)

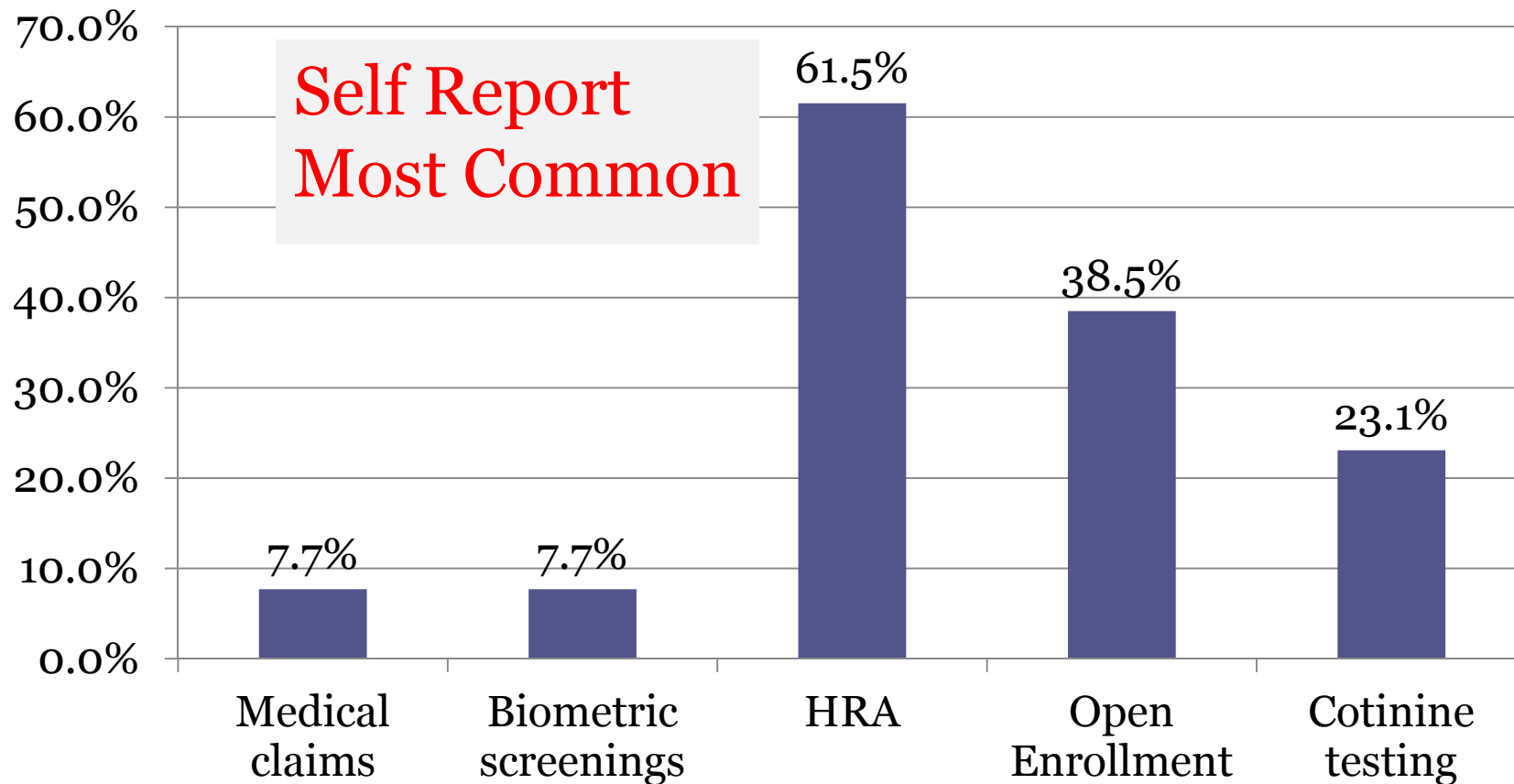
### Employers (%)



\* <http://kff.org/other/state-indicator/smoking-adults/>

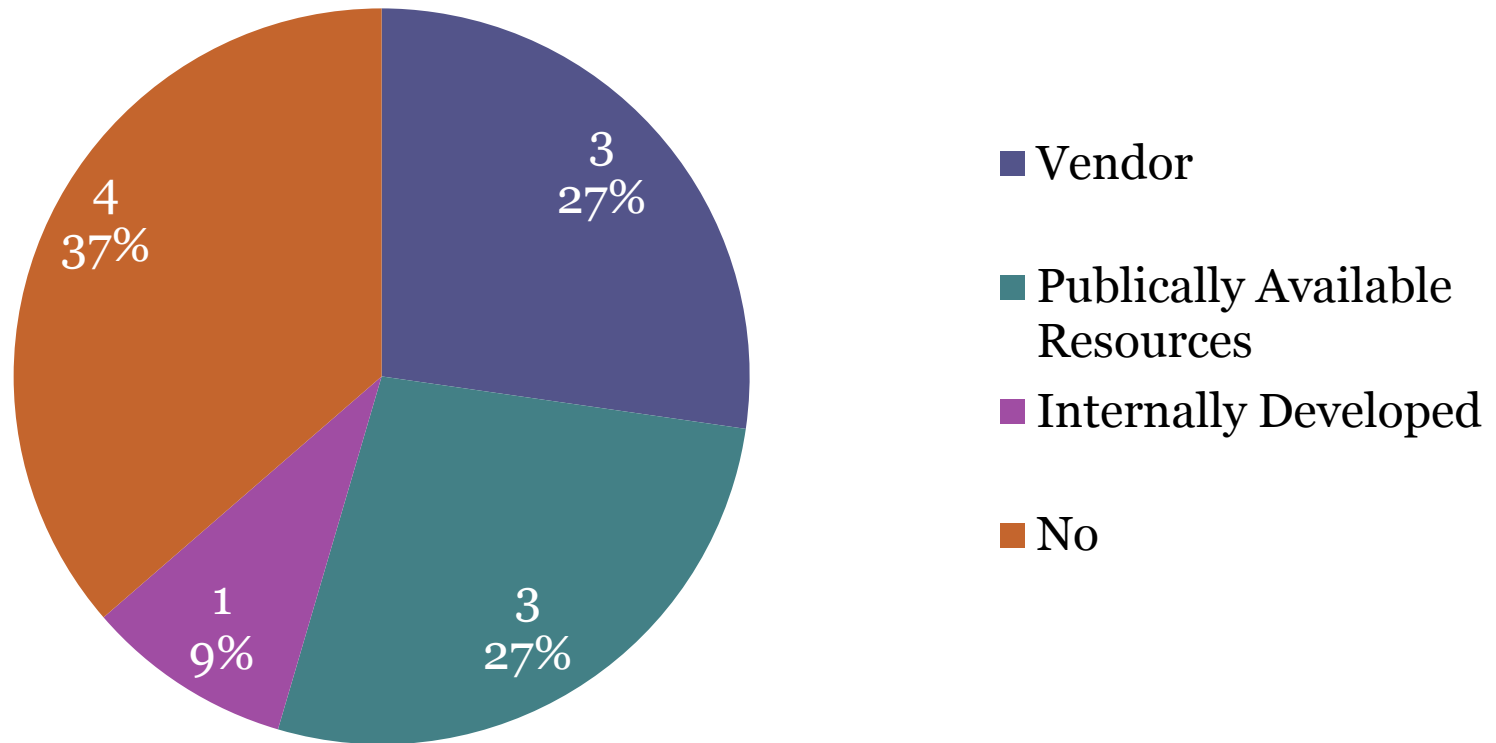
# Results

## Data Source for Smoking Prevalence (N=13)



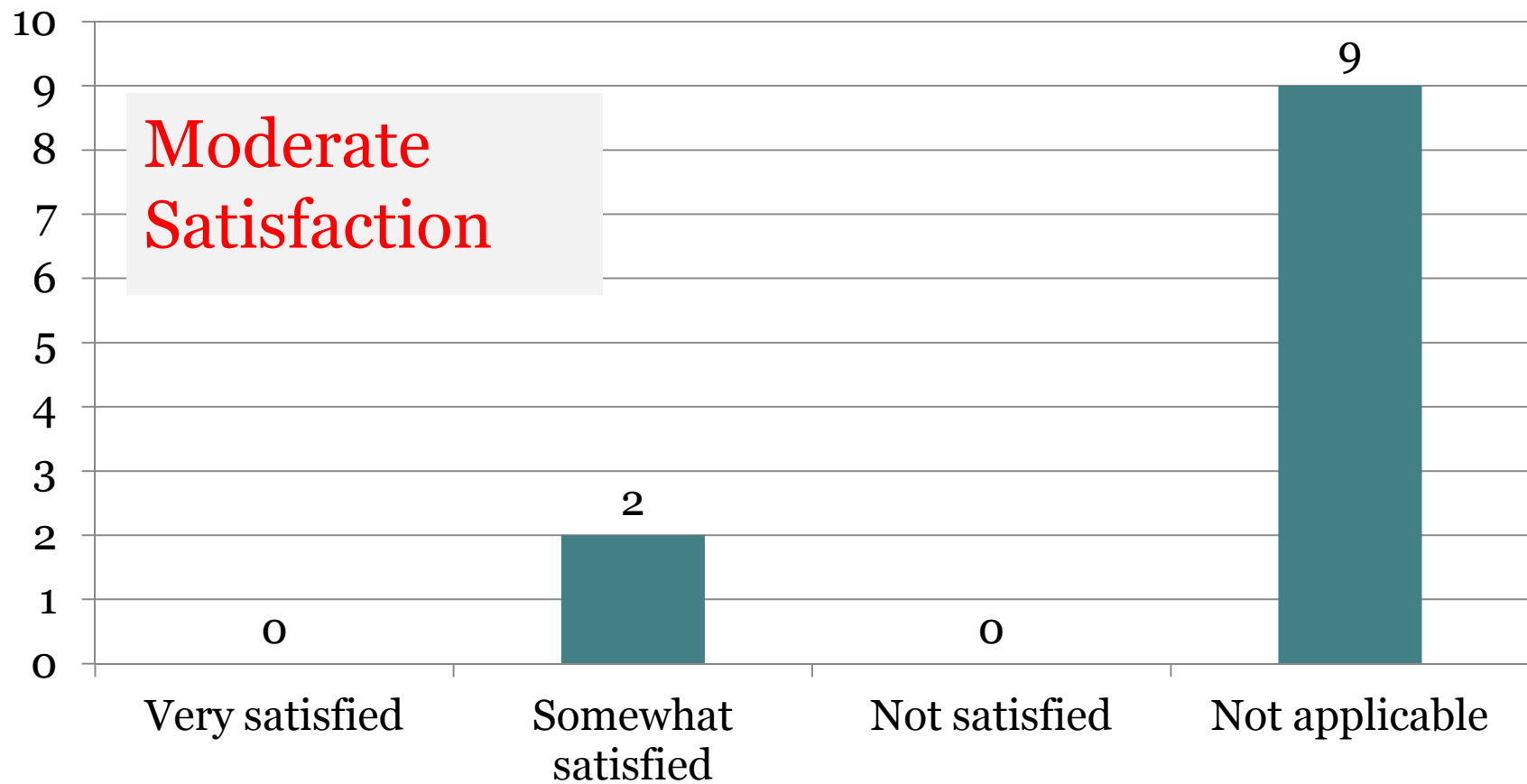
# Results

## Company Currently Offers a Tobacco Cessation Program (N=11)



# Results

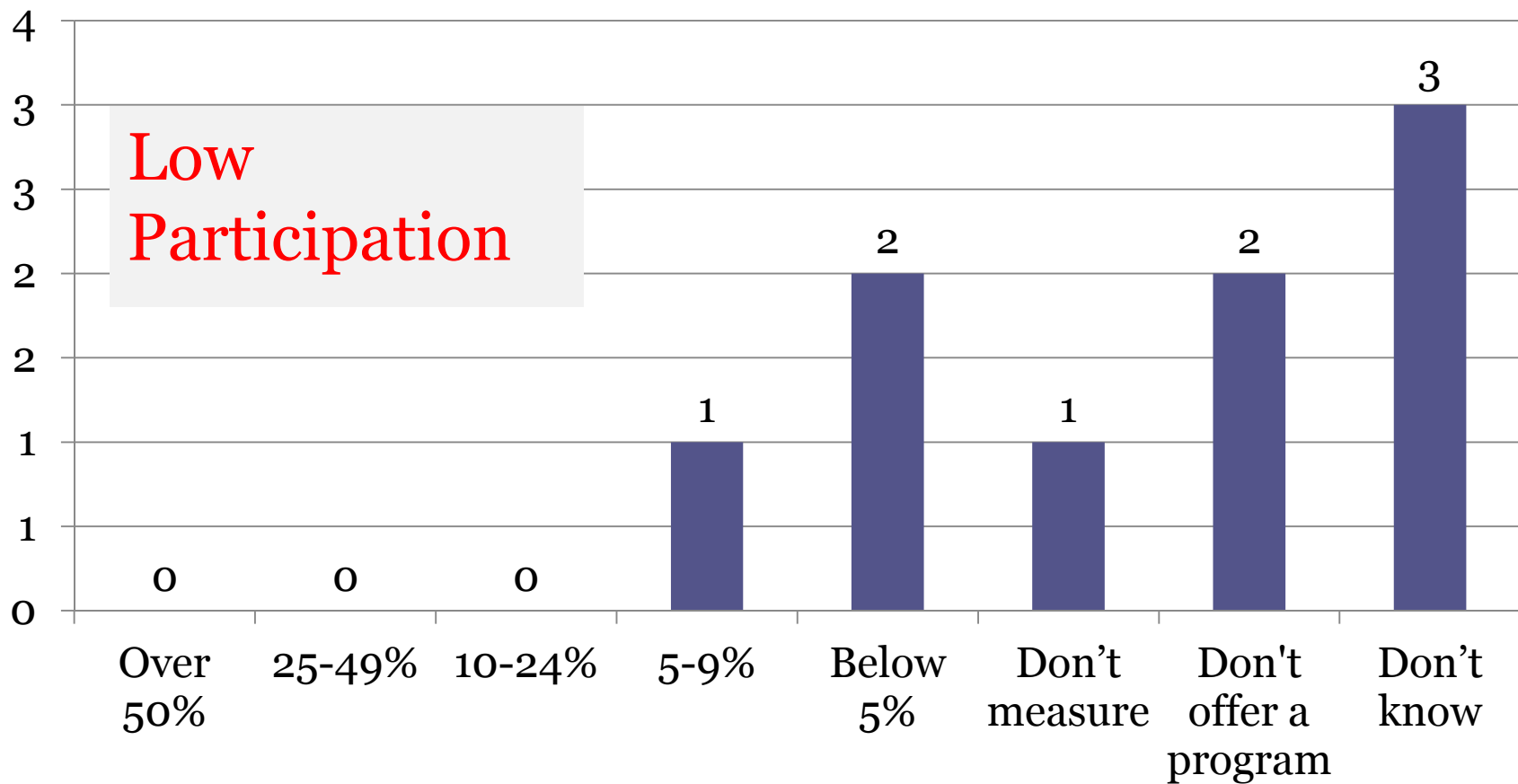
## Satisfaction with Outside Vendor (N=11)





# Results

## Participation Rates of Tobacco Cessation Program (N=9)



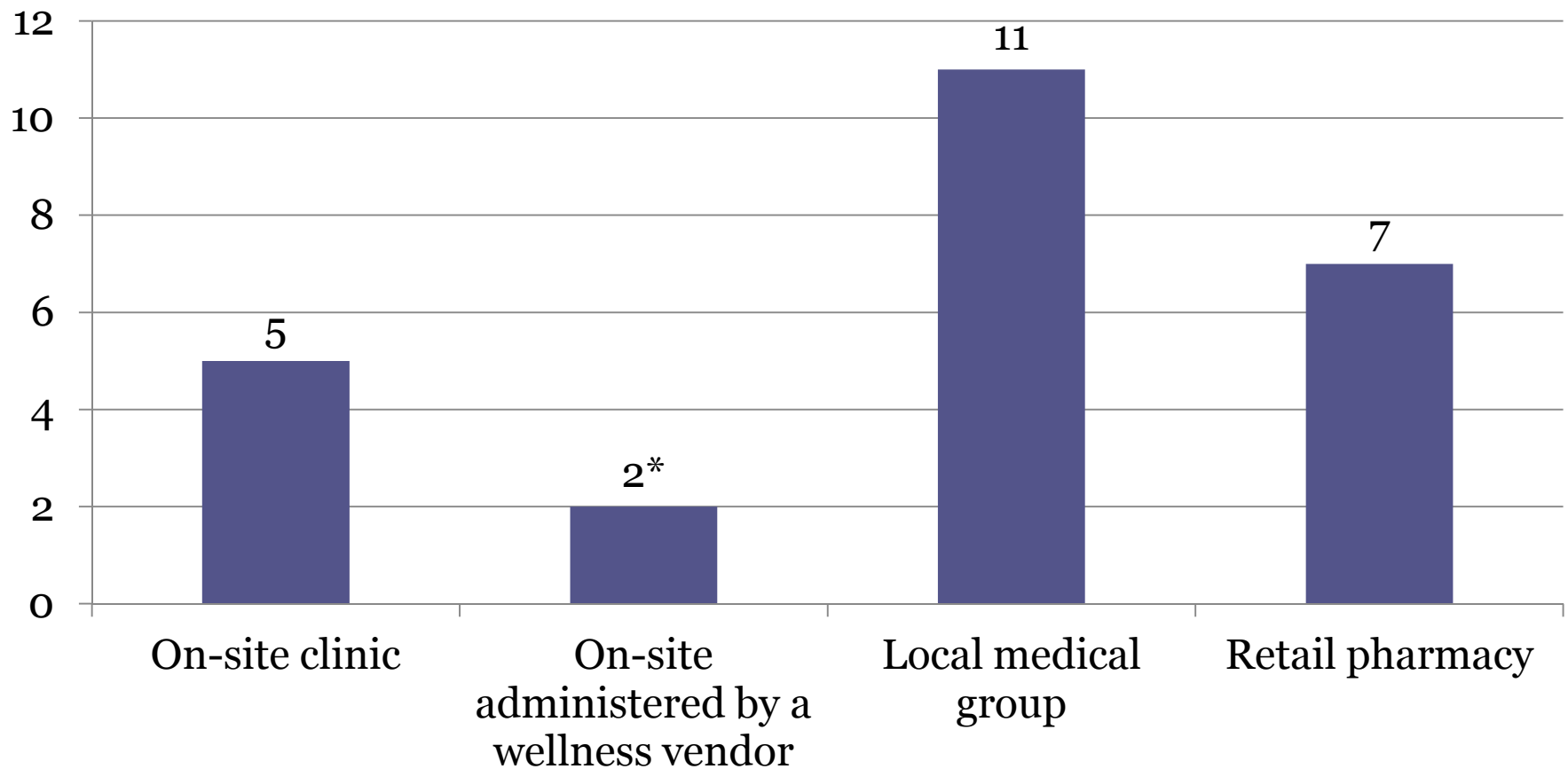
## Immunization Vaccines for Adults

Does your organization's health plan currently cover adult vaccinations? (N=12)

Adult Vaccinations	Currently Covers With Cost Share	Currently Covers without Cost Share	Will Consider Covering in Next 12 Months	Don't Know	Do not cover
Hepatitis A	1	6	0	4	0
Hepatitis B	1	6	0	4	0
Herpes Zoster (Shingles)	1	6	0	3	1
Human Papillomanvirus (HPV)	1	7	0	3	0
Influenza (Flu shot)	0	9	0	3	0
Measles, Mumps, Rubella	0	7	0	4	0
Meningococcal	1	6	0	4	0
Pneumococcal	1	6	0	4	0
Tetanus	2	7	0	3	0
Varicella (Chicken Pox)	0	7	0	4	0

# Results

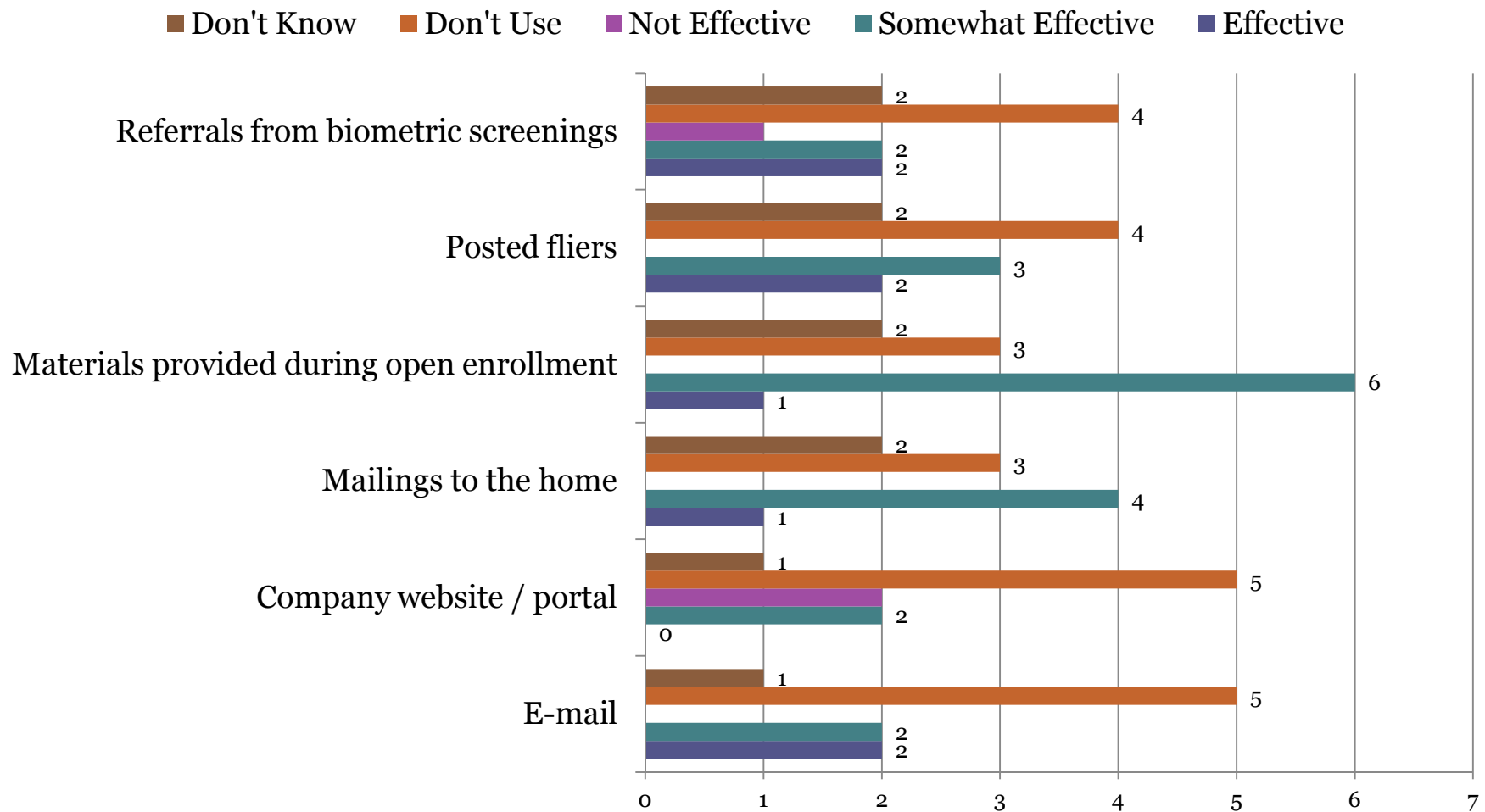
## Immunization Locations (N=12)



\*Flu shot only vaccine offered

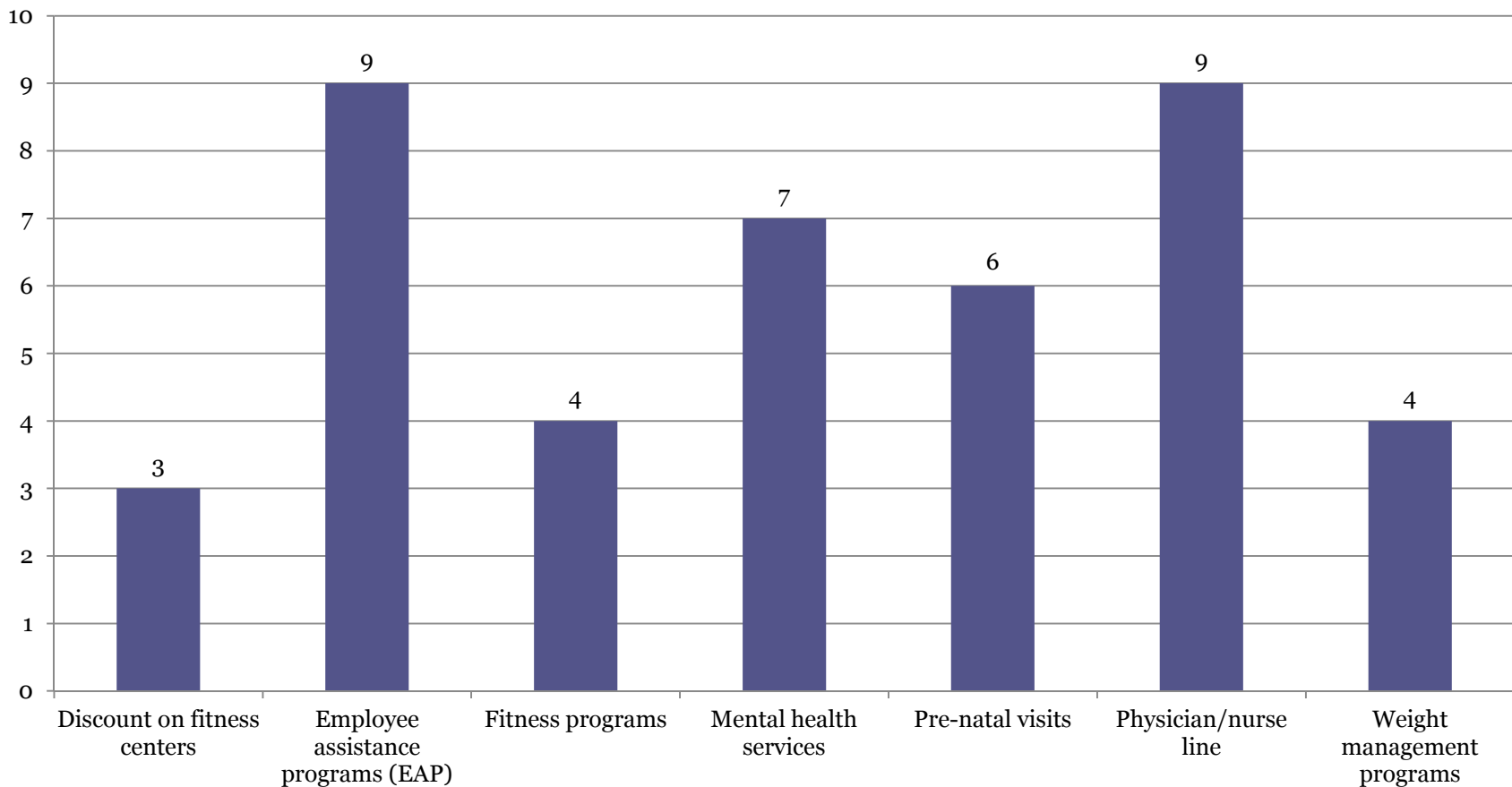
# Results

## Effectiveness of Communicating Covered Preventive Services (N=12)



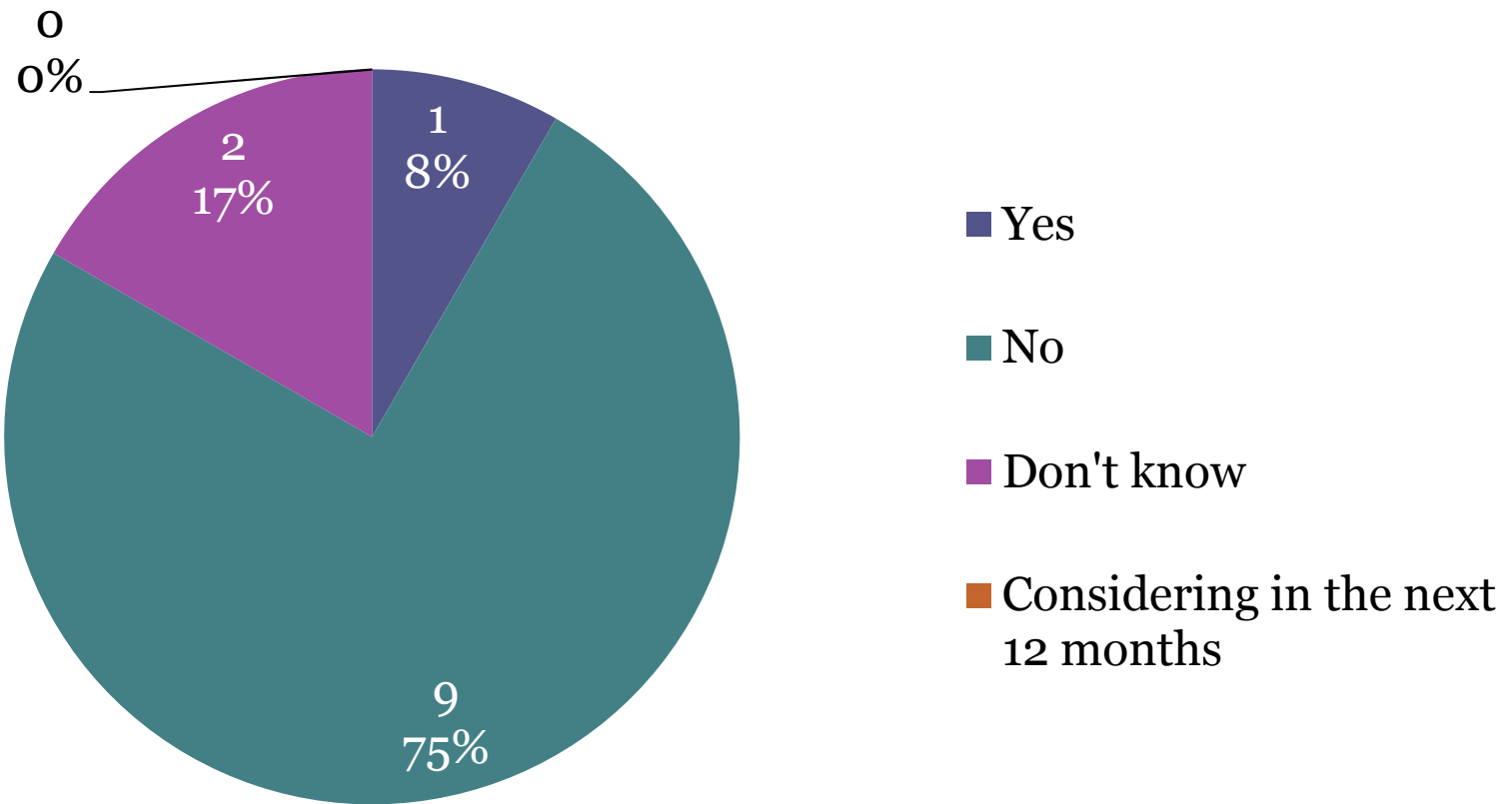
# Results

## Lifestyle Management Services Offered (N=11)



# Results

## Gateway Approach (N=12) to Programs Offered



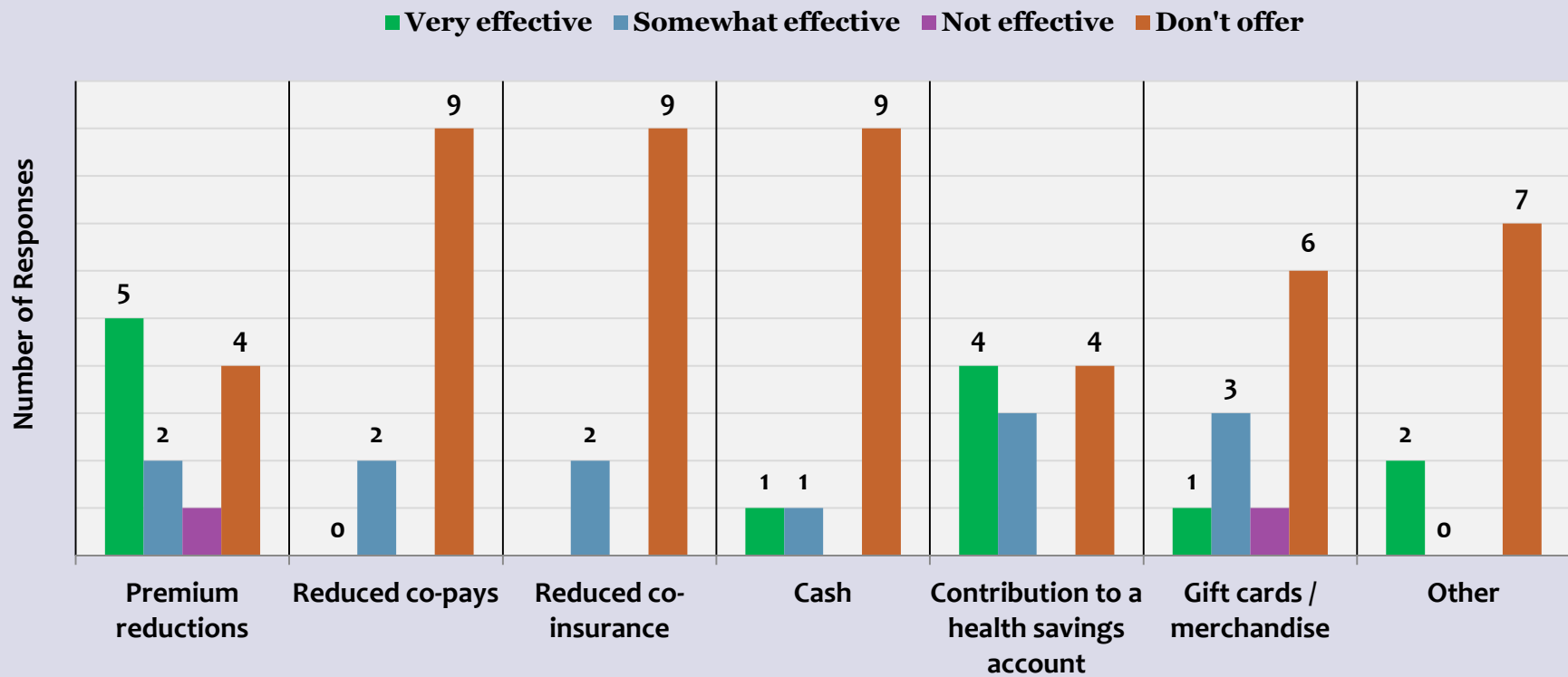
# Results

## Incentives/Disincentives Offered for Preventive Benefits



# Results

## Effectiveness of Incentives (N=12)





Thank You

